

REFLECTIONS ON THE NURSING PRACTICE

The quality of care provided to customers is something that has presented arguments and concerns which cover areas about the professional being, use of innovative and real technological equipment and their relationship with the promotion of human health, as well as treatment, cure and rehabilitation.

However, it still excites us; above all, the thinking about the moment nursing is going through, in such theoretical health care and academic context. A movement has been observed in several scenarios of action. We seek for better understanding and insertion in the fields of discussion. However, it is perceived in some way, behaviors which are aggregate to models that are outdated and passive of the practice, under a look which is detached of the whole, the collective and of creativity.

Thus, greater empowerment of nurses urges on its true role in the society. Self-knowledge, critical analysis, respect and participation are paths to emancipation. To this end, it is not to promote a medical vision of life, to break resistance to transmit technical or scientific knowledge or to insist that the subjects take data behaviors. It is, above all, to broaden channels of cultural interaction, respecting the sociocultural processes and psycho-emotional traits that underlie life, health and sickness in health care and quality of services⁽¹⁾.

Scientific knowledge must be a path to be pursued and apprehended at the scene of activities of the nurse, focusing on its implication on innovation and refinement of nursing knowledge. The critical and reflective thinking, ethics, theoretical and practical basis, the development of research in emerging areas, the use of creativity and interdisciplinary studies, should be valued.

In addition to that, the development and dissemination should be encouraged. Extensive means of communication and the results of research on topics that reflect the reality and the national health policy, focusing on the major problems which face the population, such as: maternal and child health, transmittable and non transmittable diseases, violence against women and assistance to the elderly, among others. Meanwhile, it is recognized, the immediate need of concrete socialization of produced knowledge, which is discussed, evaluated and, when feasible, it is incorporated by nurses after broad understanding of the real contribution to nursing science⁽²⁾.

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References

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