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RESULTADOS DE LA INVESTIGACIÓN SOBRE LOS FACTORES DOCENTES QUE AFECTAN LA ACTITUD DE LOS ESTUDIANTES EN EL AULA

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Results of the Inquiry of Teaching Factors Affecting Students' Attitude in the Classroom

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ABSTRACT

After some research done inside the Universidad Tecnológica de Tecamachalco, it was reflected that the professor's behavior has a big impact on students' English learning process. It was seen that students can feel confident if the professor shows them empathy while having classes and, it can have a bigger impact if the professor supports them while facing some learning problem. Also, if there is a rapport after the activity it motivates even more the students' enhancement. According to a previous paper research students feel alone in the challenge of learning English at the Universidad Tecnológica de Tecamachalco, so a questionnaire about their emotions was applied to obtain information about support, motivation, regulation of emotions, enhancement of mnemonics, and positive rewards to accomplish goals.

Keywords: rapport, learning, attention, enhancement, motivation

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Resultados de la Investigación sobre los Factores Docentes que Afectan la Actitud de los Estudiantes en el Aula

RESUMEN

Después de algunas investigaciones realizadas dentro de la Universidad Tecnológica de Tecamachalco, se ha reflejado que el comportamiento del maestro tiene un gran impacto en el proceso de aprendizaje de una segunda lengua, Inglés. Se observó que los estudiantes pueden sentir confianza sí el profesor muestra empatía durante la clase y puede tener un mayor impacto sí el profesor los apoya en el momento de enfrentar algunas dificultades en el proceso de aprendizaje, también, sí hay una interacción armoniosa después de la actividad motivando aún más la mejora de los estudiantes. De acuerdo a una investigación previa, la cual muestra que los estudiantes se sienten solos ante el reto de aprender inglés en la Universidad Tecnológica de Tecamachalco, por lo que se aplicó un cuestionario sobre sus emociones para obtener información referente a apoyo, motivación, regulación de emociones, potencialización de la mnemotecnia, y recompensas positivas para cumplir metas.

Palabras clave: interacción armoniosa, aprendizaje, atención, mejora, motivación

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INTRODUCTION

At the Universidad Tecnológica de Tecamachalco, some students have a low level of English and, there are many reasons why that happens, so we were compelled to find them. The first research done at this university showed that students felt alone while learning English; after that, a big question emerged: If students are motivated by their English professor to achieve attainable goals and objectives, then the professor often motivates them to do their best.

Inside the classroom motivation has an important role because it is a process where students' expectations are related to their beliefs and abilities to fulfill tasks, another one is the relevance of the evaluation of achieving goals and the last one is an effective element presented in the emotions which each student experiments during the task development Figueroa, et al (2024). Moreover, students usually have some expectancy about the activities to develop. There are some needs that students are required to cover while learning something new; for example, new challenges trend to complete an activity or to become competent but the most important is to interact with the aim of feel confident and in this way have a chance to succeed in other words empower them.

To fulfill students' expectations the instructor must show enthusiasm, so students can follow this lead. Most of the time the instructor's enthusiasm comes from the content, but mainly comes from the confidence. It is important that what is going to be taught should be interesting and challenging for the students. It can involve breaking the routine and having a variety of activities for a course. One of the main particularities of teaching is seizing attention. Mora (2013) mentions that attention is the required brain mechanism to be conscious about anything. To enhance the wish to know new concepts and retain them for longer times using curiosity, he affirms that it is a main component of emotion to open the attention windows mentioning at least 4 different kinds of them.

An instructor must consider three fundamental questions to have clear goals that are pretentious to achieve: What originates or initiates students' arousal or activity? What causes a student to move toward a goal? What causes a student to persist in striving toward a goal? Any task has three components Graham, (2020): attainment value (the importance of success in meeting needs, such as self-esteem or competence), intrinsic value (the extent to which the task is inherently interesting or enjoyable), and utility value (the importance of success for attaining long-range goals).





Students who felt more connected to their instructors reported a concurrent increase in interest in the content presented, as Tichenor and Tichenor (2005) mentioned by Korkmaz, Fahrettín, & Unsal, Serkan. (2020) refers to five main characteristics of professionalism when teaching: character, commitment to change, subject knowledge, pedagogical knowledge, and working relationships.

When instructors took the time to share personal stories, made space for interpersonal interaction, and showed empathy for the learning process, those simple human gestures worked in harmony with the cognitive side of learning to generate deeper interest and increase engagement (Miesner. E., 2023), Cetin (2006) mentioned by Korkmaz, Fahrettín, & Unsal, Serkan. (2020) developed a scale to determine professors' attitudes using 3 factors: love, value, and harmony. Also, emotional support is essential, according to Mora (2013) emotions are the most important base to sustain all the learning and memory processes to reach the learners solidly and convincingly.

Due to these facts, our proposal was based on the analysis of the result of data obtained from a questionnaire inspired by Lev Vygotsky's development zone to learn about Socioemotional Skills and learning experiences of Universidad Tecnológica de Tecamachalco (UTTECAM).

METHODOLOGY

Trying to learn without companionship is frustrating because it can impede new knowledge acquisition. During the first months of 2023, a questionnaire was applied to students from Senior Technician to Engineering, to know how they saw the learning and Teaching process and how important the professor's companionship was while staying in college. The questionnaire was administered online to 534 women and men students from nine careers in the UTTECAM. The questionnaire contained ten questions rated 1 to 5, 1 was the lowest level, and five the highest one.

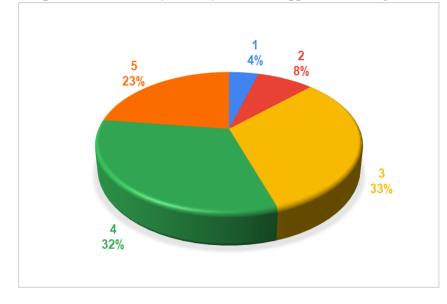
The questions were designed using the Liker scale. The students answered about how they considered their English professor's performance in class. Once the questionnaires were applied, each question was put into a pie chart, to facilitate that one by one could be analyzed to have a better understanding of how the professors' attitudes can affect students' learning.

RESULTS AND DISCUSION

The results of graphing students' answers to the questionnaire were ten pie charts. The first question for students was:



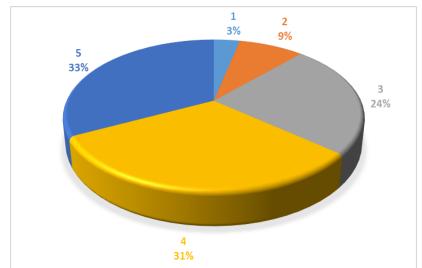




Graphic 1 How well do you feel you have a supportive learning relationship with your English professor?

As can be seen, most of the students felt in the middle, with 32%, which means that 173 students felt they had a supportive learning relationship. Of the least,18 students, 4% felt they did not have a supportive learning relationship with their English professor.

The second question was related to motivation.

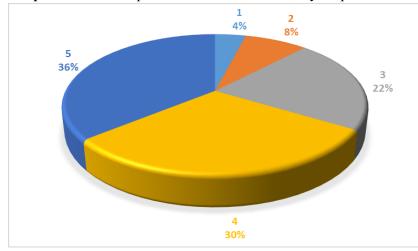


Graphic 2 How often does your English professor motivate you to reach achievable goals and objectives?

Most of the students, 167 which means 31.3%, chose number 4 which means they felt motivated by their English professor to reach achievable goals and objectives, and once again the lowest answer with 3 % (18 students) felt that their English professor does not motivate them to reach achievable goals and objectives.



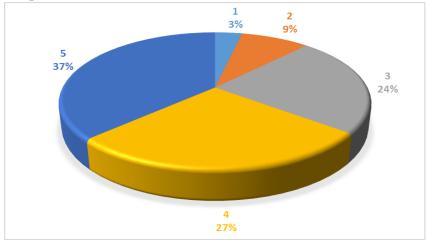




Graphic 3 The third question was: how often does your professor motivate you to do your best?

As it was mentioned before number five was the highest agreement while talking about the professor's performance inside the classroom, 192 students (36%) agreed that the professor motivates them to do their best. But 4% of the students do not think that.

The fourth question mentioned: how often does your English professor regulate his or her emotions before beginning the class?



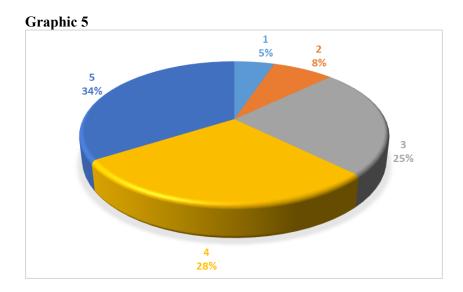


The fifth aspect was the highest and 37 percent of the total students mentioned that their English professors regulate their emotions. It implied the English professors controlled themselves and they focused on their classes. The students could observe this because nobody answered with the lowest number, which is number 1.

Question number 5 was related to the professor as a motivational figure. The question was: to what extent do you consider your English professor as a motivational figure?

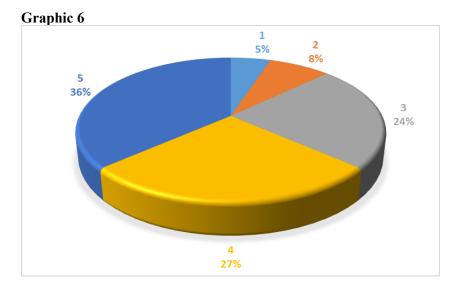






As it can be noticed, the students consider their English professors to be important to feel motivated. 34.3 percent of the students agree with this idea.

The question number 6 is focused on the students' security. The question is how often does your English professor support you to speak and participate in English class? The total result is divided between the three highest options. According to the result shown in this graph, the students feel their English professors help them in class and they feel secure when they speak and participate in class.

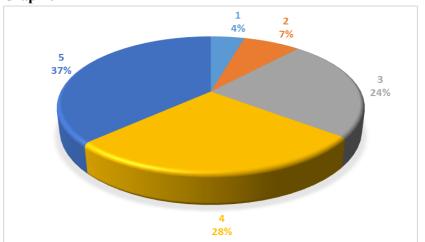


Question number 7 is related to dealing with stress and tension during the class asking students about a healthy sense of humor that could make them feel good. This question is focused on knowing if a sense of humor could be a tool to promote learning and a bondage to improve the retention of



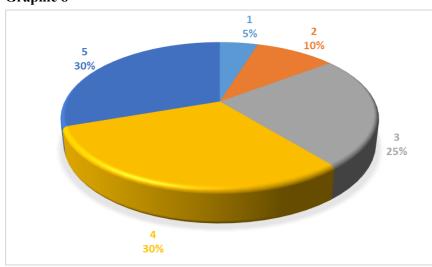


information or a relaxing practice of the English language. The results show that 33 % of students admit their professors use a good sense of humor.





Question 8 is associated with the frequency with which professors share techniques to help students with long-term memory. The English language requires some memorization of verbs and vocabulary, and mnemonics is required to recall those words. The results show that 60% of students get help from their professors to get prolonged information storage because their answers fluctuate between 4 and 5.



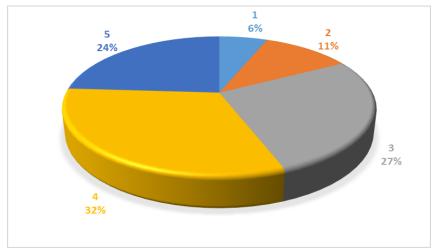


Question 9 relates to the emotional rewards the English professors could use to break bad habits in class like inefficient note-taking, missing classes, allowing distractions, etc. Some of those emotional rewards could be empowering students to have a positive change in their academic performance,



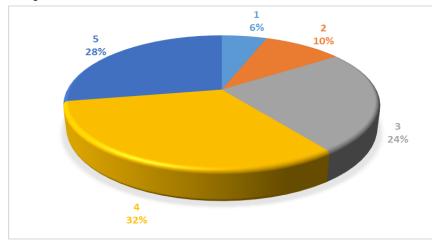


setting goals, improving the weakest skills in language, managing time, feeling like part of a community, etc. Sadly only 32 % of students perceived some of those rewards.



Graphic 9

The last question is about the perseverance of professors to help students build their self-esteem based on the accomplishments they get to class after class, praising them when they do a good job and encouraging the ones that have difficulties to develop the four skills because the social context besides being rural has no other way to practice the English language. The results show that 32 % of students marked a low interaction with professors to improve their self-esteem and 28% showed a high interest in improving it.



Graphic 10

CONCLUSIONS

The study was based on a questionnaire that covered the emotional aspects that a professor can represent in the classroom, such as a healthy sense of humor, motivation to learn the language, and security,





among others. The graphs studied during the analysis showed that in all the questions, approximately 40% to 50% of students consider that each of the aspects is at a high or very high level of achievement, that is, half of the learners feel supported by their professors. Nearly 50% of students consider that emotional support is insufficient or average.

It is realized that the perception of 40% of the students is that their professors do not use a sense of humor in an outstanding way in class. The above could cause apathy, lack of interest, or feeling alien to the language, that is, there is a lack of ease in the class. On the other hand, it is understandable that the pass-fail rate does not reside in a single aspect such as humor, but in a complex constellation of things happening in the classroom.

The lack of motivation could raise negative features such as insecurity and anxiety in students. Concerning the above, the motivation to achieve major objectives and goals has a direct relation effect on the motivation imparted by the professor. Finally, it is evident that although most students feel the professors have a good level of emotional enrollment in the class, a good part of them perceive average or poor support, this is reflected in the failure rates of the English class subject, which is the highest of the subjects of the Universidad Tecnológica de Tecamachalco.

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